

 **Rejuvenative Foods**

Delicious

Cultured

raw sauerkraut

**SALT-FREE
CABBAGE DILL**

FRESH-PURE

**100%
Organic**

ACTIVE ENZYMES

NATURE'S FUNCTIONAL FOOD

ARTISAN

PROBIOTIC

A VEGAN, TRANS-FAT-FREE AND GLUTEN-FREE FOOD

Perishable - Keep Refrigerated Net Wt. 64 oz. (1816g)

ORGANIC INGREDIENTS: Cabbage, fresh-squeezed pure lemon juice and dill

THIS RAW SAUERKRAUT is a handcrafted, high-fiber fresh cultured vegetable providing our bodies with a rich, flavorful source of enzymes and lactobacilli (a microflora we naturally receive from mother's milk as infants that enhances our digestion and overall health). While raw sauerkrauts and other cultured vegetables have historically been enjoyed as invigorative food around the world, most other commercially available sauerkrauts are heat-processed, eliminating life-enhancing enzymes and microflora. This Live Raw Sauerkraut is made fresh throughout the year, resulting in variations of color, taste, juiciness and natural expansion (especially when unrefrigerated). No water or vinegar is added.

TO PROLONG QUALITY: Keep as cold as possible (don't freeze). Use spoon to keep surface of this life-enriching food smooth. Place fresh cabbage leaf or leaves over smoothed surface inside of jar. The cabbage creates a natural ceiling to retain the liveliness of these raw cultured vegetables. Swiftly replace the lid and refrigerate.

SERVING SUGGESTIONS: Enjoy as a condiment to enhance all foods with delicious, live zing. Serve with or on: fresh raw organic almond butter (or other nut and seed butters or mixtures), tortillas, sushi, raw food rolls & burritos, avocados, vegetables, salads, seeds, nuts, grains & rice, pizza, eggs & omelettes, potatoes, meat, sandwiches, and rice cakes. Add as is or blended to salad dressings.* As a transition from mother's milk, babies love a little of the juice from this Sauerkraut on a spoon. And when babies are ready, enjoy this perfect baby food. **ALSO AVAILABLE**, organic and in assorted sizes: 12 flavors of Raw Cultured Vegetables, salt-free or health-salted; 18 fresh, pure and raw nut and seed butters, including 5 dessert nut butters, sweetened with either honey, dates or mulberries; super-fresh raw completely low-temp processed health oils to consume and apply externally; and honey- or agave-sweetened chocolate spreads that are guaranteed to be a Fresh-Pure favorite.



SUPERIOR QUALITY
*Eat This · Feel Better
or Your Money Back!*
(See our web site)

Rejuvenative Foods

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Certified Organic by Monterey
County Certified Organic
Made in the USA

***Recipes & health facts at
www.rejuvenative.com**

Nutrition Facts

Serving Size: 100g (7 tbsps)
Servings per container: about 18

Amount Per Serving

Calories 20 Fat Cal. 0

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 160 mg 7%

Total Carbs 3g 1%

Dietary Fiber 3g 12%

Sugars 0g

Protein 1g

Vitamin A 0% • Vitamin C 140%

Calcium 2% • Iron 6%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values maybe higher or lower depending on your calorie needs.



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